



SB20 National Championship 2016

SAILING INSTRUCTIONS

**National Yacht Club
Dun Laoghaire
Co. Dublin**

5th, 6th and 7th August 2016

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The prescriptions of the Irish Sailing Association will apply.
- 1.3 Current SB20 Class Rules will apply as modified by the Notice of Race and these Sailing Instructions.
- 1.4 Crews shall comply with the maximum Crew Weight Limit, as set out in the Class Rules.
- 1.5 Class rule C5.1(1) is deleted. There is no requirement to carry a horse shoe buoy.
- 1.6 The wording of SB20 class rule C.5.1(6) is deleted and replaced with "Two paddles of combined minimum weight not less than 1Kg."
- 1.7 Class rule C.5.1 (7) will not apply if the items have been removed whilst moored following racing for the purpose of charging only.
- 1.8 Appendix P, as modified by SI 15.2, will apply.

2. NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the event notice board located under the balcony of the National Yacht Club.

2.2 The Race Committee may draw attention to Race Signals given on the Committee Boat, and communicate other information on VHF at any time. The Race Committee will transmit on Channel 69 or other such channel as may be displayed on the Race Committee vessel (RCV). Failure to transmit or to receive such communication will not be grounds for redress by a boat. This changes rule 62.1(a).

3. SPONSORS' ADVERTISING AND BOW NUMBERS

3.1 ISAF Regulation 20 will apply.

4. CHANGES TO SAILING INSTRUCTIONS

4.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted on the official notice board by 2000 on the day before it will take effect.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed on the flagstaff in front of the clubhouse.

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

6. SCHEDULE OF RACES AND NUMBER OF RACES

6.1 Schedule

Date	Time of first Warning Signal	Number of Races Scheduled	High Water Dun Laoghaire	Low Water Dun Laoghaire
Friday 5 th August	1200	3	1410 3.9 m.	1937 0.7 m.
Saturday 6 th August	1055	3	1447 3.8 m.	0805 0.6 m.
Sunday 7 th August	1055	2	1524 3.7 m.	0845 0.8 m.

6.2 The warning signal for each succeeding race will be made as soon as practicable.

6.3 The Race Committee may run a third race on Sunday 7th August to enable the scheduled number of races to be completed. Hoisting code flag Numeral 3 at the end of the second race will signal this on that day.

6.4 On Sunday 7th August, the first warning signal of a race will not be made after 1400.

7. CLASS FLAG

7.1 The class flag will be code flag Numeral 7.

8. RACING AREA

8.1 Races will be sailed in the waters of Dublin Bay. Competitors are advised to keep a close watch for lobster pot lines.

9. THE COURSE

9.1 The course will be of the Windward/Leeward type. The diagram in Appendix A shows the course, the order in which marks are to be passed and the side on which each mark is to be left. The order of mark rounding shall be: Start-1-2-3s or 3p-1-2-3s or 3p-Finish. Marks 3s and 3p may be replaced by a single mark, to be left to port.

9.2 No later than the warning signal, the Race Committee may display the approximate compass bearing to Mark 1.

10. MARKS

10.1 Marks 1, 3s and 3p will be large yellow inflatable buoys. Mark 2 will be a spherical buoy.

10.2 The Start Mark will be a candy-striped inflatable buoy.

10.3 The Finish Mark will be a dan buoy.

10.4 Inner Distance Mark, if laid, will be a spherical buoy.

11. THE START

11.1 Races will be started in accordance with rule 26.

11.2 The starting line will be between a red and white pole on the Race Committee boat displaying an orange flag at the starboard end and the Start Mark at the port end.

11.3 When an inner distance mark is laid, it is a starting limit mark that shall be left on the same side as the nearby committee boat. Boats shall not pass between the inner distance mark and the nearby committee boat. A boat passing between the inner distance mark and the nearby committee boat may take a One Turn Penalty under rule 44.1 and 44.2. The boat shall then sail completely to the pre-start side of the starting line before starting. This changes rule 44.1. and 44.2.

11.4 The race committee will attempt to broadcast Individual Recall OCS sail numbers no earlier than one minute after the starting signal, on the designated VHF channel.

11.5 If Flag U has been displayed as the Preparatory Signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified she shall be disqualified without a hearing but not if the race is restarted or re-sailed or it is postponed or abandoned before the starting signal. This changes Rule 26, 63.1, A4 and A5. The scoring abbreviation UFD shall be used for a "U Flag" penalty. This changes rule A11.

11.6 When rule 30.3 (Black Flag Rule) applies, and following a general recall, the Race Committee may, in addition to the requirements of Rule 30.3, broadcast sail numbers on the designated VHF channel.

11.7 When the Race Committee determines that a boat has not complied with rule 29.1, 30.2 or 30.3, or with sailing instruction 11.5 the Race Committee may broadcast the boat's sail number on the designated VHF channel, no earlier than one minute after the starting signal. Failure to broadcast, or errors in the broadcast, will not be grounds for a request for redress by a boat. This changes rule 62.1(a).

11.8 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule 63.1, A4 and A5.

12. CHANGE OF COURSE

12.1 The change will be signaled in accordance with rule 33. Minor adjustments of mark positions will not be signaled by the Race Committee.

12.2 Except at a gate, boats shall pass between the Race Committee vessel signaling the change of the next leg and the nearby mark, leaving the mark to port and the committee vessel to starboard.

13. THE FINISH

13.1 The finish line will be between a red and white pole on the finishing vessel and the Finish Mark. The finishing vessel shall be identified by the display of a Blue flag.

13.2 When the Blue Flag is displayed no boat shall pass through the finishing line, in either direction, except to finish. Any boat in breach of this SI shall be scored as DNF without a hearing. This changes rules 63.1, A4.1 and A5.

14. SHORTENING COURSE

14.1 The Race Committee may shorten the course under Rule 32.

14.2 When a Race Committee vessel displaying Code Flag V, making repeated sound signals, is positioned adjacent to a mark or gate of the course, boats, having rounded that mark or passed through that gate, shall proceed directly to the Finish line to finish. SI 12.2 will apply.

15. PENALTY SYSTEM

15.1 Rules 44.1 is changed so that only one turn, including one tack and one gybe, is required.

15.2 Appendix P – immediate penalties for breaking rule 42 - will apply. Rule P2.1 is changed so that only one turn, including one tack and one gybe, is required. Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.

15.3 To encourage boats to take penalties afloat, protest committee members may blow a whistle and point a yellow flag at the infringing boat(s) when they see what they believe to be a breach of the RRS Part 2. They may then lodge a protest if no action is taken by the infringing boat(s).

16. TIME LIMIT

16.1 If no boat has passed Mark 1 within 40 minutes of the starting signal, the race will be abandoned.

16.2 The time limit for the first boat to sail the course as required by rule 28 and finish is 90 minutes.

16.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, 63.1, A4 and A5.

17. PROTESTS, REQUESTS FOR REDRESS, ARBITRATION

17.1 Boats intending to protest shall inform the Race Committee at the finish boat, either by hail at the finish of the race concerned or, if this is impractical, at the earliest opportunity.

17.2 Protest forms are available at the race office. Protests and request for redress shall be delivered there within the protest time limit.

17.3 The protest time limit is 90 minutes after the last boat has finished the last race of the day.

17.4 Notices will be posted on the official notice board within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, the location of which will be posted on the official notice board.

17.5 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b)

17.5 Breaches of instructions 1.6, 19, 20, 21, and 26 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification.

17.6 On the last day of the regatta a request for reopening a hearing shall be delivered: -

(a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;

(b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes Rule 66.

17.7 Arbitration will be available in accordance with Appendix B.

18. SCORING

18.1 The Low Points Series of rule Appendix A, will be used.

18.2 Four races are required to be completed to constitute a series.

18.3 One discard will be allowed if 4 or more races are completed.

19. SAFETY REGULATIONS

19.1 All competitors will wear adequate personal flotation devices at all times when afloat, except briefly while changing or adjusting clothing or personal equipment. Dry suits and wet suits are not adequate personal flotation devices.

19.2 A boat that retires from a race shall notify the Race Committee as soon as possible.

19.3 Boats shall keep clear of commercial shipping at all times.

20. REPLACEMENT OF CREW

20.1 Substitution of competitors (helm or crew) will not be allowed, except in a medical emergency, without prior written approval of the Race Committee.

21. EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat, crew, equipment and safety equipment may be inspected at any time for compliance with the class rules and sailing instructions.

21.2 Competitors may be asked to conduct safety/measurement checks on a random boat assigned at registration.

22. OFFICIAL BOATS

22.1 Jury RIBs, if present, will be identified by a flag bearing the word "JURY" or a yellow flag.

23. COACH/SPECTATOR BOATS

23.1 Coach boats shall register with the race office and display such marking as may be required by the Race Committee.

24. HAUL OUT RESTRICTIONS

24.1 Boats shall not be removed from the water between the preparatory signal of the first race and the end of the regatta. In an emergency, and only following a written request, the protest committee may waive this SI.

24.2 In the event of foul weather, the organising committee may direct that all boats moored be moved to another berth.

25. DIVING EQUIPMENT AND PLASTIC POOLS

25.1 Underwater breathing apparatus and plastic pool or their equivalent shall not be used between the preparatory signal of the first race and the end of the regatta.

26. RADIO COMMUNICATION

26.1 A boat while racing shall neither make radio transmissions nor receive communications not available to all boats. This restriction also applies to mobile telephones, which shall be switched off while racing.

27. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3,000,000 per event or the equivalent.

28. PRIZES

28.1 Prize giving will take place as soon as possible following the conclusion of racing.

28.2 Prizes will be awarded to first 3 boats overall in the Gold Fleet and first place in Silver Fleet. The Silver Fleet will be determined by splitting the fleet after the second day of the event, in accordance with the overall results to date. In the event of an odd number of entries, the middle-placed boat will be assigned to the Gold Fleet.

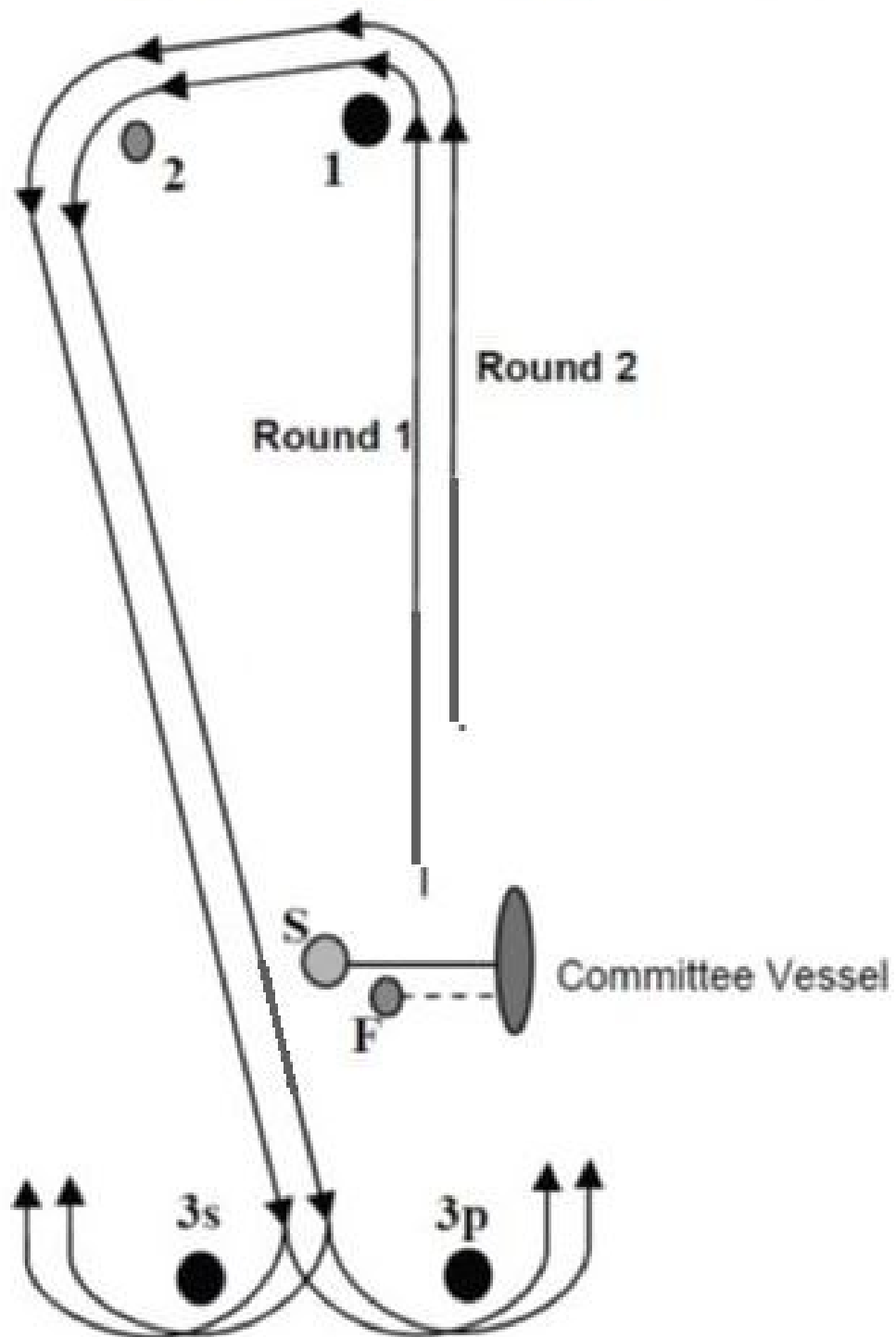
29. LIABILITY

National Yacht Club, SB20 Ireland and their officers, members and volunteers do not accept liability for loss of life or property, or personal injury or damage caused by or arising out of the SB20 National Championship 2016, including any pre-championship training at the championship site, and competitors take part in the championship entirely at their own risk. The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of competitors being solely and entirely responsible for the management of a boat they are sailing. It is the responsibility of each competitor to participate in a race or to continue racing. A competitor is wholly and exclusively responsible for his or her personal accident and health insurance. The person in charge is wholly and exclusively responsible for his or her third party liability insurance on the boat that he or she is sailing.

Rule 4, Decision to Race. The safety of a boat and her crew is the sole and inescapable responsibility of the owner, who must do his best to ensure that the boat is fully found, thoroughly seaworthy and manned by an experienced crew, each of whom are physically fit and properly clothed to face bad weather. He/she must be satisfied as to the soundness of the hull, steering equipment, rigging and sails and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that the crew knows where it is kept and how it is used. Neither the establishment of these special regulations, their use by the sponsoring organisations, nor the inspection of a boat under these regulations, in anyway limits or reduces the complete and unlimited responsibility of the owner. It is the sole and exclusive responsibility of each boat to decide whether or not to start or to continue to race.

APPENDIX A – COURSE DIAGRAM

WINDWARD - LEEWARD COURSE DIAGRAM



APPENDIX B – ARBITRATION

B.1 When a protest is lodged, all protests involving a breach of a rule of Part 2 or rule 31 will go through the Arbitration System.

B.2 If the parties and the designated Arbitrator agree that Arbitration is suitable, the Arbitrator will call a hearing conforming to Section B of Part 5 of the Racing Rules of Sailing, except that the first sentence of rule 64.1 will not apply. The arbitration shall be binding.

B.3 When the Arbitrator decides that a boat that is a party to the arbitration hearing has broken a rule for which a penalty may be taken at the time of the incident (rule 44.1), the boat will be offered the opportunity to accept a penalty of 20% calculated according to rule 44.3(c). No penalty shall result in a score which would exceed that of a disqualification. The protestor will then be invited to withdraw the protest. This changes rule 63.1.

B.4 When a boat has accepted a penalty under B.3 rule 64.1b will apply at any subsequent hearing regarding this protest.

B.5 When the arbitrator decides that a boat that is a party to the arbitration hearing has broken a rule and that the boat caused injury or serious damage, or gained a significant advantage in the race or series by her breach, that boat will be requested to retire. If the boat does not retire the arbitrator will call a normal protest hearing .

B.6 When there is not an agreement to use Arbitration, or when during or after an Arbitration hearing, the Arbitrator decides that the facts do not allow Arbitration there will be a normal protest hearing, at which the Arbitrator may be a member of the protest committee. Rule 66, Reopening a hearing, will not apply to the arbitration decision.