



2009 Dun Laoghaire  
Dingle Race  
"Legally Brunette"  
Owned by  
Cathal Drohan & Paul  
Egan

What was involved  
Maurice O'Connell  
(last-minute!) skipper



# Priorities

- Responsibility to the owners Cathal Drohan & And Paul Egan
- Safety
- Time mgt and crew recruitment
- The seven P's
- Boat set-up inc. food
- Crew roles, responsibilities, comms
- Sails
- Commitment
- Ambition
- The race itself!



# Safety

- ORC Cat 3 - <http://www.sailing.org/1905.php>
- Do this one month before
- Do a man overboard drill
- Nobody on deck at night w/o harness
- Lifejackets on at night
- Don't hit anything
- Know everyone's capabilities



# Boat set-up



- Offshore vs inshore e.g. change sheets, inside / outside changes, peeling etc
- Think inside the boat as if it was dark
- Label locations
- Check EVERYTHING
- Carry spares



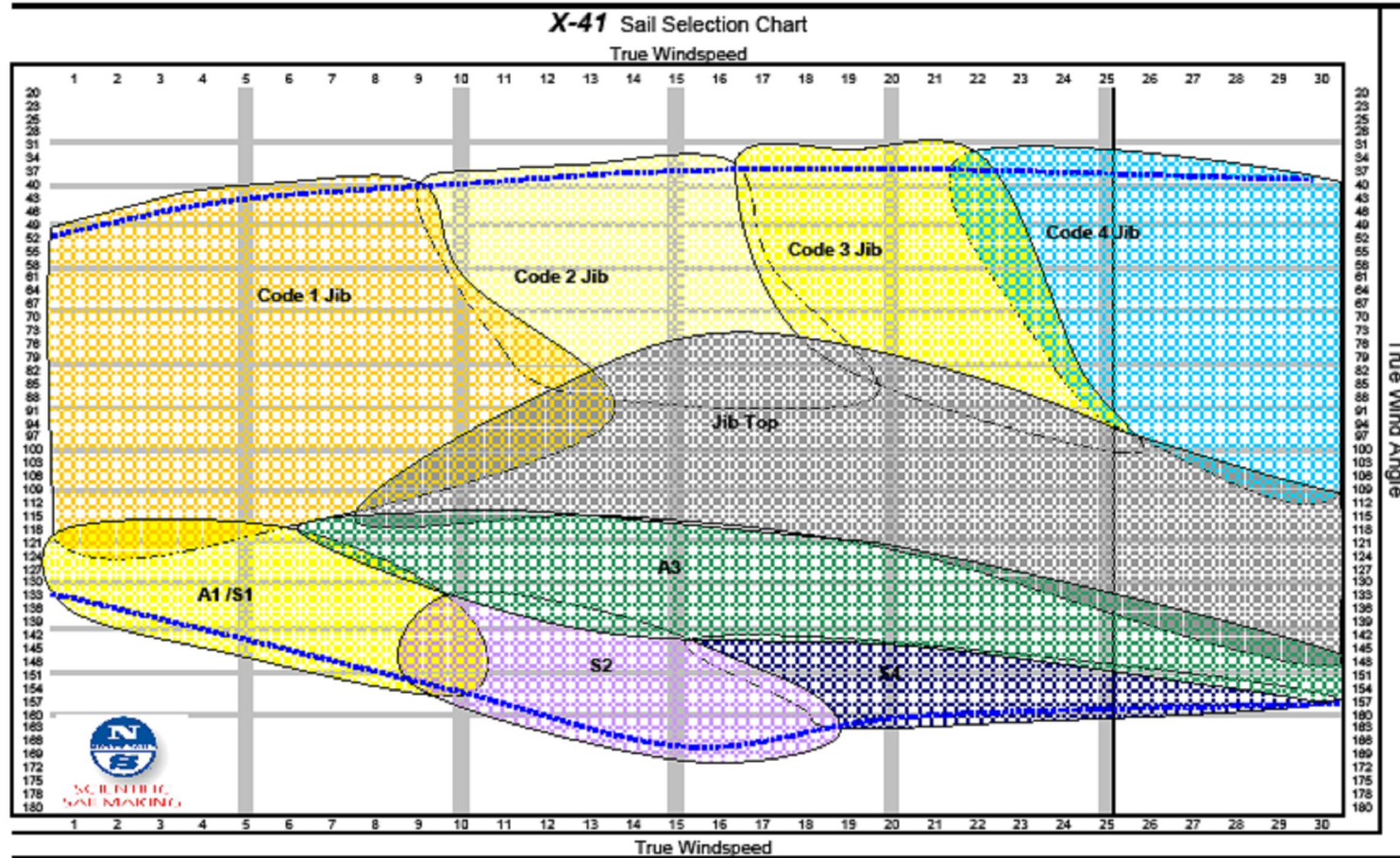
# Crew



- Leadership
- Shared vision
- Roles & responsibilities e.g. three drivers, at least two trimmers per watch, one bowman, weight on the rail
- Nav
- It's a "long inshore"
- Balance "back of boat" personnel with "the workers"



# Sails & Sail Selection





# The Race Itself

Tight reaching  
Full main, jib top

A-Sail (A3)

S-Sail (S3)

Massive broach  
Eat

JUST lay Tuskar

Dive inside South Rock

S2 with staysail

Sleep / eat!

**SLEEP!**

**Eat**

**ENE**

**NE**

**NNE**

**N**

S3 plus rig climb

Upwind J2 / J3  
Tack changing

J3  
o/b sheet

Code 0  
Eat

J3

A3



Any questions?

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